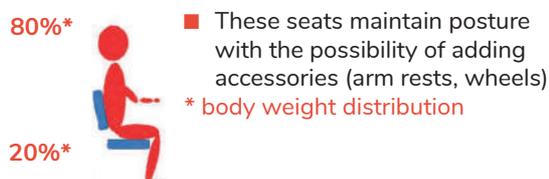
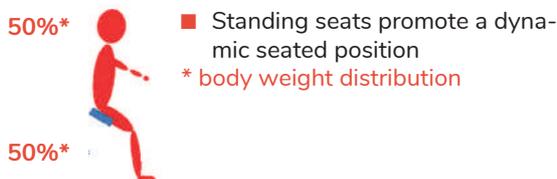


ERGONOMIC POSTURES

Seats and standing seats for ideal comfort

Height adjusted workstations aren't a complete ergonomic solution without the right seat.

- 1 Your seat must take your physical characteristics (weight, height) into consideration
- 2 Your seat must fit the type of work done (repetitive gestures, extended positions without moving).
- 3 Define your work environment: a humid or dry environment, type of ground, height of the work surface, compatibility with your workstation, etc. Depending on your environment, choose a seat that is easy to maintain and clean.
- 4 What type of seat (depending on the type of work: seat or standing seat?)



Even in production, don't neglect the quality of seats: they play a key role in employees' well-being.

Anti-fatigue mats

Some jobs require employees to stand the entire day. To ease the operators' position and enable them to work in optimal conditions, the solution is: anti-fatigue mats.

Anti-fatigue mats bring comfort to operators who remain in a static and standing position on a hard surface. Thanks to the material they are made of, anti-fatigue mats absorb steps and promote easier movement. That reduces pressure on articulations, bones and muscles which can lead to MSDs.

Anti-fatigue mats also stimulate blood circulation and cut down on fatigue in feet, legs and on the back.

In addition to enhanced well-being, they provide extra safety for employees as they are an anti-slip solution.



Reduced pressure on joints, bones and muscles that eventually lead to MSDs

THE ADVANTAGES

- Anti-fatigue, thermal, phonic and vibratory insulation
- Relieve fatigue on the back, legs and feet when standing
- Reduced risk of slipping on wet or oily flooring
- Reduces the impact of dropping equipment on the ground
- For some products, yellow borders can limit safety zones

